



Spring/Summer Newsletter 2026

Applauding Our Volunteers, Members & Friends

Your Invitation:

Volunteer Celebration Annual Meeting

Dinner & Auction

Fortitude Farms & Events Clubhouse

4377 S. M-52, Owosso

Thurs., Aug. 6, 2026

Starts at 4:30pm

\$1,000 Sponsors



Hemenway Business Service

Anonymous



*Seeking sponsorships in the hope that our volunteers can be given complimentary tickets. Accepting gift baskets and new items valued at \$50 or above for the Silent Auction. **RSVP for event by July 24th to 989-725-1127***

Family of C. Diz & Muriel Clark

In Memory of C. Diz & Muriel Clark

OPEN TO THE PUBLIC
Tickets \$25 per person
available in the summer



\$500 Sponsor
Mowinski Financial

Be a Sponsor



Mary Slingerland presenting 2025 Inspiration Award to Joane McCall
Photo by: Kelli Raleigh

Special Thank-Yous to:

**The Cook Family Foundation-Nonprofit Capacity Building Program
Nonprofit Network and additional support
Memorial Healthcare In-kind office space and support**

Knowing that the greatest satisfaction comes from a caring heart, I offer my annual membership so that Respite Volunteers of Shiawassee can continue to provide trained volunteers for adults with health impairments, caregivers, their loved ones, and elderly persons living alone.



Respite Volunteers of Shiawassee Spring/Summer Newsletter 2026 Electronic Funds Transfer Authorization Form

YES, I want to enroll in the Electronic Funds Transfer (EFT) program and have my contribution automatically deducted from my checking or savings account ACH every month.

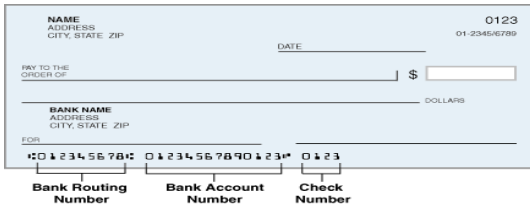
Authorization Agreement for Pre-Authorized Monthly Payments

Name: _____ Phone: _____ Email: _____

Address: _____ City: _____ State and Zip: _____

Date to Start Deductions: _____ (Respite Volunteers of Shiawassee will debit on the 15th of each month.)

Please debit my membership payment from: Checking Account Savings Account (check only one)



Financial Institution: _____

Routing Number: _____

Account Number: _____

Monthly Deduction: \$ _____

Authorization Agreement:

I authorize Respite Volunteers of Shiawassee to charge my checking or savings account monthly in the amount of \$ _____. This authority is to remain in full force and effect for at least twelve (12) months which constitutes a one year membership. I understand that I must notify Respite Volunteers of Shiawassee if I wish to discontinue the automated payment service.

Signed: _____

Date: _____



Respite Volunteers of Shiawassee Spring/Summer Newsletter 2026 Membership Renewal Form

Name: _____ Phone: _____ Email: _____

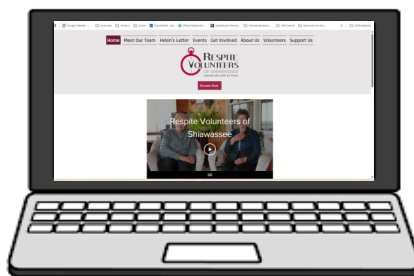
Address: _____ City: _____ State and Zip: _____

Please check one: Black Diamond \$5,000 + Diamond \$1,000 + Emerald \$500 + Ruby \$250 +
 Sapphire \$100 + Pearl \$40 + Topaz \$25 + Other

Attached is my check payable to Respite Volunteers of Shiawassee in the amount of \$ _____

This gift is given In Memory of: _____ This gift is given In Honor of: _____

“Volunteering is at the very core of being a human. No one has made it through life without someone else’s help.”
– Heather French Henry



Save Time and Money!
Donate online by going to
our website
www.respitevolunteers.org

Purse Party Bingo

Thursday, May 14, 2026

at Knights of Columbus
1259 E. M-21 Owosso

Doors open at 5:30 pm-Game starts at 6:00 pm

ADULTS ONLY

Tickets \$20 in advance - \$25 day of the event-only if available

Admission includes 20 Bingo Cards
(may purchase extra cards that evening)



Photo by: Donna Kanan

Please Bring YOUR OWN refreshments

Tickets on sale at Respite Volunteers of Shiawassee office
(brick house east of Memorial Healthcare Hospital)

710 W. King St., Owosso

989-725-1127 Hours: Mon-Fri 9:00 am to 3:00 pm
office@respit volunteers.org



Mark Your 2026 Calendar

Volunteer Training

We schedule individual or small group trainings at a mutually convenient time

Spring Purse Party Bingo

See this page

Rock-a-thon for Respite

St. Paul Catholic School
front lawn at 811 E. Oliver St.

Tues., July 21st from
10:30am-12:30pm

See front page

Volunteer Celebration and Annual Meeting

Fortitude Farms and Events

Thurs., August 6th

See front page

Seeking sponsorships & new gift basket donations & new items valued at \$50 or above.

Public welcome-tickets \$25

Fall Purse Party Bingo

Knights of Columbus

Thurs., October 1st

1259 E. M-21

Doors open at 5:30 pm

Game starts at 6:00 pm

Applying for license



License Number: V11600



We are accepting new purses valued at \$45 or more. Please keep price tags on



“Let us not love with words but with actions and truth.”
I John 3:18



Being a rocker is easy. Prior to the event rockers give or send out letters to friends and family asking for a donation in their honor to rock for 2 hours. Some rockers may rock from home and some by proxy. We have lots of fun rocking, eating lunch, rocking, listening to music, rocking, writing thank you notes, socializing...you get the picture. Prizes are awarded to rockers in 5 categories, best dressed, according to the theme, highest amount raised #1, #2 and #3, and donations that are the farthest away. If you can't participate, consider a donation on behalf of one of the rockers. Proceeds help fund our services in Shiawassee County.

Volunteers typically spend 1-3 hours a week with the person they are matched with, in their community. The volunteers may play cards or board games, help the person with hobbies, go for walks, help someone write a letter, read a book, or just visit with each other. The family caregivers may need time for grocery shopping, going to their physician appointments, or even meeting a friend for coffee or lunch.

In addition to visiting someone, other volunteer opportunities are; helping in the yard, at the office, with events, with special projects, and sharing information about us in your community and church.

Andrea Meyers, a register nurse with over 50 years of experience at Memorial Healthcare, is our new employee. While she is mostly retired now, she works at Memorial one or two days a month. Her passion for caregiving continues. She joined the Respite Volunteers of Shiawassee Case Management team last fall to support Denise and enjoys connecting with clients and their families. Throughout her career, she has focused on vulnerable adults and seniors, and she facilitated the Alzheimer's Support group in Owosso for over 20 years.



In her spare time, she loves traveling and spending time at her home up north, alongside her family and friends, especially her two teenage granddaughters. She looks forward to meeting more wonderful Respite volunteers and families in this meaningful journey.

Memberships

September 1, 2025 - February 28, 2026



DIAMOND \$1000 +

David & Sue Lea
Richard & Lura Bolek
Dale & Nancy Halifax
Frank & Monica Ritter

EMERALD \$500-\$999

Bancroft United Methodist Church
Fraternal Order of Eagles Owosso
Aerie #851
Ernest & Betty Johnson
Laingsburg Lions Club
In Honor of The Danek family

RUBY \$250-\$499

Bonnie Appleby
Mary Jo Damm-Strong
Brent Mowinski
Barbara Pappas
Redeemer Lutheran Church
Amy Ritter
In Memory of Frank Ritter
Ariel St. John
*In Memory of Richard St. John, Evan
Reed & Evalyn Williams*
Tracy & Denise Temple
Neal Wood
In Memory of Linda Wood

SAPPHIRE \$100-\$249

William & Catherine Bailey
Piper Brewer
David & Bonnie Brown
Mark & Deborah Cannedy
*In Memory of Ed Janego and In Hon-
or of Betty Janego*
James & Ellen Cross
Dr Daniel Williams & Diane Cutler
Edward Eshelman

SAPPHIRE \$100-\$249 con't

Roberta Gilbert
Bill & Jean Graham
Sue Harris
Gary & Carol Higgins
Gary & Phyllis Huffman
Jackie Hurd
Kenneth Lemos
In Memory of Janet Lemos
Scott & Karla Luchenbill
P M & M A Maxwell
Joane McCall
Frank Mentus
In Memory of Millie Mentus
Judy Morse
In Honor of Jackie Hurd
John & Gloria Oliver
William & Chris Penzer
In Memory of sister Dianne Daunt
Brad & Julie Petty
Michael & Suzanne Schmidt
Mark & Emelie Schoch
Verna Schott
Eric & Deanna Schuman
In Memory of Pamela Schuman
Jim & Mary Slingerland
David & Lori Stechschulte, Jr
*In Memory of David Stechschulte and
Mary Stechschulte*
Christi Stenger
Marjorie Sutliff
Charles Wascher
In Memory of Arlene Wascher
Harvey Wheeler
In Memory of Eileen Wheeler
Patricia Witte
In Memory of Norm Witte
Gwen Yeager
Richard & Sandy Zwolensky
In Memory of Hedy Wagner

PEARL \$40-\$99

Deborah Bendall
Renee-Flynn Brown
Helen Cole
Jacob & Veronica Drenovsky
Lila Gerber
Steven Herbert
Rev Ron Hutson
*In Memory of Marsha
Meeuwse-Hutson*
Gary & Betty Kibby
In Memory of Steven Slamka
Debra Kolbaba-Luna
Greg & Camille Krot
Janet Mooney
Douglas & Jennifer Peterson
Ron & Kathy Raines
In Memory of Tom Bond
Julia Rexin
Richard & Laura Sayles
In Honor of Carol Nama
Drew & Linda Thorsby
B Kathleen Vernon
Linda Watson
TOPAZ \$25-\$39
Larry Alpert
Julie Aspinwall
Michael & Christine Cassidy
Pat Elliott
Richard Gute
In Memory of Judy Gute
Cheryl Korf
John & Elaine Kuchar
Ellen McKay Trust
Corwin & Jeannette Parker
Michael & Mary Szedlak
David & Kathy Watson
In Memory of Arnold and Doris Luick
Nancy Worthington
In Memory of Ken Worthington

To become a Respite Volunteer of Shiawassee Member or if you want to renew your membership, please return the Membership Application Form on page two. Memberships are for 12 months.

Grant Funding Provided By:

Mary Thompson Foundation
Alvin M. Bentley Foundation
University Lutheran Church



THE ALDEN AND VADA DOW FAMILY FOUNDATIONS



United Way
of Genesee County
Serving Genesee & Shiawassee Counties



We apologize if we inadvertently misspelled or omitted any names. Please notify our office if we did.



Special Donations

September 1, 2025 - February 28, 2026

Adopt a Family Respite Volunteers of Shiawassee provides comprehensive assistance to families, including initial assessments, volunteer training, progress monitoring, and education about other available services. You can support a family for 12 months for \$550 or for half a year for \$275. Send a check or visit the office to make a difference.

Three families were adopted in 2025 by Sharon Campbell & Michael VanHoutte, Elizabeth Rancour, and Mark & Elaine Suter. Thank you!

Third Party Fundraisers

- **Facebook Fundraisers** \$195.46 birthday fundraisers created by Kathy Raines
- **Kroger Community Rewards** \$442.50 (anyone can give if they shop at Kroger. Link your Kroger Card to Respite Volunteers)
- **Meijer Store 113** Meijer Team Gives program \$5,000
- **New & Old Unique Treasures** \$200 (consigns our purses)
- **Thrivent Financial** \$276 Donors: Amy Hansen, Neil & Tami MacFadden, Allen & Patrice Martin, Heather Jones, and Katherine Ochodnicky



Joe Smith, Carl Cozart, Tyler Platte, Lisa Phelps & Sara Rogalski of Meijer with Jackie Hurd, Penny Corbin, Mary Slingerland, Rev. Tony Moore, Helen Rathbun, & Ruth Nick of Respite Volunteers Photo by: Elizabeth Vreibel

Tax-Smart Charitable Giving in 2026

Qualified Charitable Distributions (QCDs) & Required Minimum Distributions

What Is a QCD?

A **Qualified Charitable Distribution (QCD)** allows IRA owners age **70½ or older** to donate directly from a traditional IRA to a qualified charity. When RMDs apply (starting at **age 73** for those born 1951–1959), a QCD can satisfy all or part of the requirement.

Key rules:

- Counts toward your **RMD** for the year
- Must go **directly from the IRA to the charity**
- **Excluded from taxable income** (not an itemized deduction)
- Annual limits are **indexed for inflation**
- Applies to **traditional IRAs only**

Must be completed by **December 31**

Why It Matters

Because QCDs reduce **Adjusted Gross Income (AGI)**, they may:

- Lower **Medicare IRMAA** surcharges
 - Reduce taxation of **Social Security benefits**
- Improve eligibility for other income-based tax benefits

Example: \$10,000 Gift

A 75-year-old in the **22% federal** and **4.25% Michigan** tax brackets gives **\$10,000** from an IRA.

- **Without a QCD:** \$2,625 in federal & MI taxes
- **With a QCD:** \$0 tax on the gift

Result: Same charitable impact, **\$2,625 in tax savings.**

The above is a hypothetical illustration based on assumed rates. Your results may differ. Please consult your tax advisor concerning your particular situation. Securities offered through LPL Financial, member FINRA/SIPC. For informational purposes only. Not tax or legal advice.



Brent Mowinski, CFP®
Mowinski Financial
 215 N Water St., Ste. 204
 Owosso, MI 48867
 989-720-5072
brent@mowinskifinancial.com

Brent is also a Respite Volunteer Board Member

Special Donations

September 1, 2025 - February 28, 2026



Giving Tuesday, a global generosity movement, is always on the Tuesday after Thanksgiving. *In 2026 the date will be Tuesday, December 1st.* Respite Volunteers wishes to thank the Cook Family Foundation, and Shiawassee Community Foundation, for Raise Up Shiawassee. On Giving Tuesday 2025 the following gave \$25 or more.

Giving Tuesday Donations~\$3,920.53*

EMERALD \$500-\$999

Anonymous
Thomas Kalina
The Home Office Realty
Morgan Beilfuss
Kathy Neumeister

RUBY \$250 - \$499

Jackie Hurd
United Way of Genesee County

SAPPHIRE \$100-\$249

Anonymous
Amy Ritter
Jim & Gail Berghorn
Dianne King
Greg and Lou's Inc.
Jack & Carolyn Wing
Derald & Cathy Cramner
J&S Sales and Service
Mary Jane Scarlett

SAPPHIRE \$100-\$249 cont

Kathy Wilson
Jeff & Yvette Collard
Lon & Andrea Meyers
Martha Sutton
Youth Advisory Council
TOPAZ \$25-\$39
Ron & Kathy Raines
Amber Fuller
Cheryl Korf



*Note: On Giving Tuesday an anonymous donor also donated \$1,795, asking the donation be added to our Gweneth B. Osborne Memorial Fund endowment at Shiawassee Community Foundation in Memory of Ruth Ann Duncan. The Giving Tuesday total of \$3,920.53 does not include this generous donation.

End of Year Donations

EMERALD MEMBERSHIP \$500-\$999

John & Terry Skidmore
Morrice Buckpole

RUBY MEMBERSHIP \$250-\$499

Fred & Therese Bruso
Dave & Dianna Maurer

SAPPHIRE MEMBERSHIP \$100-\$249

Dave & Debbie Stewart
In Honor of Carol Nama

SAPPHIRE MEMBERSHIP \$100-\$249 cont

Dr. Steven Hollister DDS
Midwest Bus Corporation
Corunna VFW Auxiliary 4005
Elizabeth Andrus
In Memory of Jerome Willson (husband)
Loyola Dysinger
In Memory of Duane Dysinger
PEARL MEMBERSHIP \$40-\$99
Steve Street & Amy Flum-Street

Have a Heart for Respite is a FUNdraiser held in January and February. This idea was given to us by Mary Slingerland. Donors can donate In Honor of or In Memory of loved ones.

Have a Heart for Respite ~ \$3,995

- ♥Anonymous
- ♥Michael & Laura Davis
- ♥Gaines United Methodist Church
- ♥Jackie Hurd
In Memory of Mary Ellen DeFrenn (mother) who passed away Feb., 2000 and
In Honor of Mary Slingerland

- ♥Knights of Columbus #1139
In Memory of deceased members of K of C
- ♥Jeff & Kelli Raleigh
- ♥Helen Rathbun
In Memory of Penny Camp- Weber and
In Memory of Dennis Rathbun
- ♥Mary Ruehle
- ♥Jim & Mary Slingerland
In Memory of Don Carmody
- ♥Melissa Tate



Memorial Donations

September 1, 2025 - February 28, 2026

The Gift That Continues to Give

We are grateful when family and friends are remembered through donations made to our organization in their memory.

In Memory of Richard White

Dave & Debbie Stewart additional donation

In Memory of Lorraine Cowman

Teresa Graham

In Memory of Harry Wilson

Dave & Debbie Stewart

In Memory of Linda Phaneuf

Teresa Graham

In Memory of Cloyse Lundie

Bruce & Lory Benson
 Marcy Brady
 Tom & Sandy Braid
 Sue McKay & Erin Stevens
 Joe & Sue Guyski
 Jon & Shirley Hayes
 Mike & Julie Horak
 Bob Kersjes
 Gregory & Jacklynn Kimmer
 George & Shirley Polen
 Charles & Loretta Rolfes
 Carole Stephens
 Kirk & Leslie Telford

In Memory of Janet (Wing) Waller

Teresa Graham

In Memory of Kenneth Painter

Anonymous

In Memory of Fred Beyers

Janice Beyers

In Memory of Jennifer Ferruye

Kathy Canfield
 Janet Mack-Bolong

In Memory of Jennifer Ferruye cont

Bonnie Vandervliet
 Kervan & Jane Vander Wey
 Jack & Becky Woodrough

In Memory of Ray Doyle

Robert & Judy Beach
 Jackie Hurd
 Gerald & Geraldine McDevitt

In Memory of Dick Demerly

Jackie Hurd

In Memory of Nuala Scroggins

Michael & Suzanne Schmidt

In Memory of Richard Lahmann

Terry & Pam Allen
 Anonymous
 Charles F. Gilbert and Sons, Inc.
 David & Piper Chrenka
 Thomas Connell
 Robert & Teresa Dumond
 Shawn Gallagher
 William Gilbert
 Michael & Patricia Grosskopf
 David & Sue Lea
 Joane McCall
 Marvin & Patricia Sanders
 Sheila Steinke
 Brian & Penny Vreibel

In Memory of Bob Sanocki

Brettman & Deborah Campbell
 Don & Joan Compton
 William & Kristine Hartl
 Catherine Knaus Indomenico
 Rocky & Claudette Rumpel

In Memory of Bob Sanocki cont

Raymond & Carole Sanocki
 Trudy Sanocki
 Mike Selleck
 Tracy Weber

In Memory of Gary Piper

Gerald & Geraldine McDevitt

In Memory of Cindy Keesler

Tom & Carolyn Keesler
 Sharon McAllister



Planned gifts are charitable donations arranged during the donor's lifetime, but not usually fulfilled until many years later. A planned gift is an ideal way to make a substantial gift to Respite Volunteers of Shiawassee while maximizing tax benefits consistent with your financial and estate planning goals. Your generous donation will enable Respite Volunteers of Shiawassee to recruit, train and organize volunteers to help your neighbors, family, and friends. Your valuable gift will allow family caregivers to care for their loved one at home, and elderly family & friends to live safely in their own home, because you chose to care and share.

In-Kind Donations

September 1, 2025 - February 28, 2026



Pam Allen
 Anonymous
 Bancroft United Methodist Church
 Bob Bernath
 Cheryl Bishop
 Patricia Blakeslee
 Heather Brooks
 Joan Calkins
 Lynn Cech
 Lori Chant
 Constance Cole
 Cook Family Foundation
 Penny Corbin
 Cathy Cramner
 Linda Cross
 Karen DiCarlo
 Greater Durand Chamber of Commerce
 Pat Elliott
 Marjorie Ferguson
 Marjorie Ferrigan
 Joyce Gomez
 Horizon Bank
 -Kelli Raleigh
 -Susan Lamphere
 Emily Kanan

Dianne King
 Ed Kippe
 Knights of Columbus #1139
 Mary Kurylowich
 Clyde & Sharon Lewis
 Heather Lokinski
 Legacy Estate Sales
 -Mark Woodbury
 Mike McGuire
 Teresa McKay
 Memorial Healthcare
 Andrea Meyers
 Nancy Moans
 Sherry Morse
 Judy Morse
 Rebecca Napier
 Flora Nichols
 Ruth Nick
 Jim & Shelly Nyquist
 Janice Ordway
 Pat Park
 Ron & Kathy Raines
 Helen Rathbun
 Jeff & Emily Richards
 Cathy Robinson

Colleen Schultz
 Brad & Tiffany Solomon
 Julia Spalding
 Debbie Stewart
 Dee Storey
 Helen Stump
 Tina Szarenski
 Tracy & Denise Temple
 The Argus Press
 The Meridian Weekly
 Valerie Thelen
 Cyndi Vanwoert
 Brian Vreibel
 Kelly Weidermayer-Morse
 Joy Welty
 Brenda Young
 Vroman Family
 WOES
 Z 92.5 The Castle
 -Lisa DeAngelo

For Sale from the Estate of Dennis Rathbun

Vintage glassware and figurines were donated by the Estate of Dennis Rathbun to Respite Volunteers. We have many pieces at the office for sale. If you know of anyone that you think might be interested, please send them to the office. Here are a few pieces:



In addition to the above items, we have much more. We receive many gifts In-Kind that we sell. Stop into the office and look around. We sell greeting cards starting at 50¢, jewelry, books and more books, Coffee K-cups, framed pictures and much more. Additionally, we have In-Kind donations of medical equipment that we loan out to the community for as long as needed.

Wish List

- Forever Postage stamps
- Sponsor a Respite Volunteers of Shiawassee Family \$550 Annual membership
- Recurring donations, like ACH monthly donations
- Brand new purses, retailing at least \$45, and keep tags on to verify value
- Elite Brita Pitcher and Elite filters (Elite removes 99% lead)
- Help with cleaning our Office
- Avery 8160 Address Labels
- Apply for Kroger Customer Rewards for Respite Volunteers
- #10 Plain White Envelopes
- 8 ½ x 11 plain white copy paper
- Paper Products for Bathroom and Kitchen
- Gift Cards from: Gilbert's, and Meijer
- Help with our building maintenance
- Help cleaning out roof valleys and gutters
- 9 volt batteries



Even a Few Hours Make a Difference

Respite Volunteers of Shiawassee
P. O. Box 1777
Owosso, MI 48867
 989-725-1127
 office@respitevolunteers.org
 www.respitevolunteers.org

Board of Directors

Chairperson:
 Mary Slingerland
Vice Chairperson:
 Jackie Hurd
Treasurer:
 Lori Chant
Secretary:
 Donna Kanan
 Cody Chapman
 Penny Corbin
 Rev. Tony Moore
 Brent Mowinski
 Rebecca Napier
 Kathy Raines
 Kelli Raleigh
 Pastor Katie Wallen

Staff

Executive Director
 Helen Rathbun RN, BSN
Administrative Assistants
 Ruth Nick & Julie Petty
Case Managers
 Andrea Meyers RN
 Denise Temple
 Elizabeth Vreibel
Photographers
 Donna Kanan
 Ruth Nick
 Kelli Raleigh
 Helen Rathbun
 Denise Temple
 Elizabeth Vreibel

Newsletter

Pam Allen
 Ruth Nick
 Helen Rathbun
 Helen Stump

Respite Volunteers of Shiawassee serves adults with medical-health challenges, and their family members who are caring for someone, within Shiawassee County. Most of the persons served are frail elderly, elderly living alone, or elderly couples who both have health challenges. Respite Volunteers conduct in-home assessments and provide education about available services, including various senior services that many people may not realize are available. If the person wants a volunteer, our nonprofit then tries to find a volunteer who lives in the same area and would be a good match.



Larry and Susie Alpert
 Photo by: Donna Kanan

Volunteers provide friendly visiting to the person and respite (a gift of time) to 24/7 family caregivers. The volunteer usually visits weekly for 1-3 hours, mostly visiting. It has been suggested that we explain this a bit more, so we are doing interviews with our volunteers to do just that.

Larry & Susie Alpert volunteer with Respite Volunteers and mostly they are assigned their own persons to serve, but occasionally, with permission, they visit together. One of their favorite matches was with an elderly gentleman, whom they first started visiting when Jim & Donna Nault, who were the primary volunteers for the gentleman, went on vacation. Larry & Susie were the substitute volunteers.

Larry explained that what he likes about volunteering is that it has made him a better listener. The person they visited together would regale them with stories about Boblo Island and Windsor, Ontario. Then he would want to listen to Big Band music and always asked Susie to dance with him. She and Larry were both laughing when they explained this. Susie would do this, but was always careful to have the gentleman still use his walker. He tended to forget to use his walker. They have great stories about many of the people they have been matched with over the years, but for both of them, this gentleman was special and one of the matches they really enjoyed. Many that they have been matched with expressed how grateful they are to have someone visiting them at their home.

Larry Alpert said, "We get as much, if not more, from volunteering than the people we serve". Susie Alpert agreed, "You might think you have problems, and then you see this differently"-when you see the person's situation.

To learn more about Respite volunteering opportunities, call 989-725-1127 or stop by our office M-F 9-3. Our nonprofit is in the historic brick home, just east of Memorial Healthcare Hospital. Helping in the office is also another volunteer opportunity.

REDUCE YOUR STRESS. Research shows that volunteering leads to lower rates of depression and anxiety. By spending time in service to others, volunteers report feeling a sense of meaning & appreciation, both given and received, which can have a stress-reducing effect.

Volunteer Appreciation Month is April



2025 Rock-a-thon Photo by: Elizabeth Vreibel



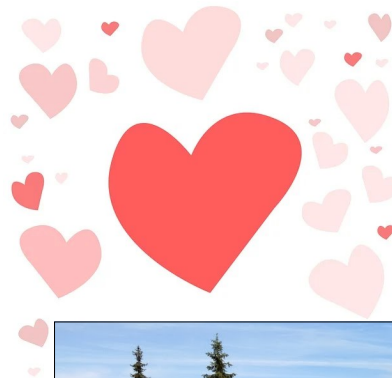
Gabriel Harrington & Linda Thorsby at
Owosso High School Career Fair Photo by: Denise Temple



Amy Flum-Street, Rosemary Stap, Denise Temple & Cheryl Korf representing Respite Volunteers at Bancroft Harvest Festival



Mary Adams & Kathy Raines at Memorial Craft Show representing Respite Volunteers Photo by Ruth Nick



Penny Corbin, Jackie Hurd, Donna Kanan & Patrick Vreibel Photo by: Elizabeth Vreibel



DayStarr employees L to R Reece, Frank, Austin, Blake & Zac Photo by: Ruth Nick



Central Elementary teacher Mike Raffaelli & his students helping Respite Volunteers by picking up sticks in the yard. Photo by: Helen Rathbun

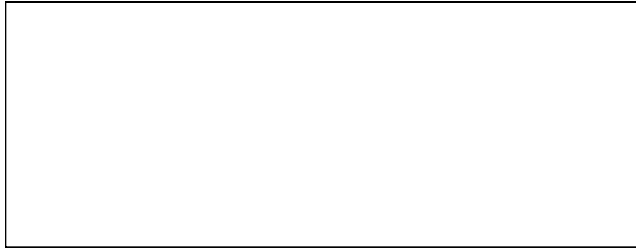


NONPROFIT
PRSR STD
U.S. Postage Paid
Owosso, MI
Permit #126

P. O. Box 1777
Owosso, MI 48867

Mission Statement

*A gift of time and
caring support to adults
with persistent health needs
and their families.*



Maureen and Joane McCall
Photo by Jordan Sovis, Sovis Productions

Our Volunteers “Give Back and Make a Difference!”

Comments From Those We Serve:

Blessings! That is what I call my “group of volunteers”! Has made my life more comfortable. They are my “angels”. I know they are there for me when I need assistance. MG

Elizabeth and Lizzy have been a special part of not only my mother’s life right now but of mine, too. Visiting with my mother is very special; not very many people come and visit her. I want to thank you for caring so much for my mom, and for everything you do. Thank you. SE

